Welcome to
FARMINGTON COMMUNITY AND RECREATIONAL SERVICES
Winter & Spring 2020

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Juvenile Justice Coordinator

SENIOR SERVICES
Andrea Bouchard
Senior Center Coordinator
Sandra Bryant
Resident Services Coordinator

WESTWOODS GOLF COURSE
Larry Graham
Golf Professional

MESSAGE FROM THE DIRECTOR
Happy New Year! We are excited to present our Winter & Spring 2020 Farmington Community and Recreational Services Department brochure filled with opportunities for you and your family to be involved in one of the many offerings included in this edition. In addition, we highlight the many ongoing programs and services that our community has come to rely on including housing, senior and social services, transportation, youth services and Westwoods golf course.

Our goal is to strengthen our community through programs, services and facilities which enhance personal development, promote healthy lifestyles, encourage community involvement, enhance well being and meet basic needs while empowering individuals and families. Whether you are searching for preschool programs for your toddler, a sports team for your child, checking Westwoods golf cart rates, transportation for a senior citizen, in need of family or crisis counseling, having difficulty making ends meet, need food or if you have a concern about a homebound elderly neighbor, you can readily find that information here!

We strive for new ways to connect to our community in meaningful ways. To that end, we have two new initiatives to announce for 2020. The first a new online resource that is available to residents and beyond called CLICK. Community Links for Information, Communication and Knowledge or CLICK for short provides a wide variety of information, tools and resources that encompass the programs and services offered through our department. For consumers that need information outside our regular business hours or prefer to get their information remotely this resource is at their fingertips.

Second, this year we have a spotlight on Community Mental Health and Wellness. Each month we will feature a different aspect of wellness including topics such as youth and screen time, finances, depression and anxiety, healthy eating and more. We are partnering with other organizations to extend our reach in a variety of ways. CLICK, will feature our annual calendar of events, so check back regularly for new information and resources as they get added and for dates of live events associated with this initiative.

We sincerely hope that you will take some time to review this brochure and find ways that you can be a part of Farmington Community and Recreational Services. We encourage your participation and welcome your support! Together we build a stronger community!

Sincerely,
Nancy E. Parent, Director of Community & Recreational Services

OFFICE LOCATIONS
SOCIAL & YOUTH SERVICES
2 Monteith Drive
Farmington, CT 06032
860-675-2390

RECREATIONAL SERVICES
1 Depot Place
Unionville, CT 06085
860-675-2540

SENIOR CENTER
321 New Britain Avenue
Unionville, CT 06085
860-675-2490

WESTWOODS GOLF COURSE
14 Westwoods Drive
Farmington, CT 06032
860-675-2548

YOUTH CENTER
23 School Street
Unionville, CT 06085

MISSION STATEMENT
The Community and Recreational Services Department manages resources, provides wholesome programming and coordinates opportunities to achieve creative solutions for a healthy community. The department is organized into seven divisions: Housing, Recreation, Senior & Social Services, Transportation, Youth, and Westwoods Golf Course.

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WEATHER CONCERNS
Farmington programs follow the school cancellation policy. If school is cancelled or dismissed early then all programs will be cancelled. Announcements will be made on CBS Channel 3 Eyewitness News First Alert and NBC Connecticut 30.
MATTER OF BALANCE: FALL PREVENTION PROGRAM

Wednesdays 1:00 – 3:00 p.m.
March 11th – April 29th

$10.00—Includes all 8 workshops

This 8 Week Program focuses on addressing fears surrounding falls. During the workshops you will learn how to identify fall hazards, stay independent, and maintain your balance through daily exercise.

Sponsored by Farmington Valley Health District

Prior sign up required – space is limited!
Contact the Senior Center at 860-675-2490

SPRING EGG HUNT
April 4, 2020

Save the date!

Check with us early spring for more details!
CREATIVE MOVEMENT, AGES 2 & 3
Fun, energetic music and the basic knowledge of dance movement will be introduced children in the beginner Creative Movement class.
Instructor: Phyllis Boucher
Location: Farmington Community & Senior Ctr
Min/Max: 5/10
Session Fee: $99.00 [Res]  $109.00 [NR]
Time: 9:45 – 10:30 a.m.
Th., Jan. 30 – April 23  Code: 212210-02
[No Class: 2/20, 3/12, 4/16]

BALLET, TAP & JAZZ COMBO, AGES 3 – 5
Fun, energetic music and the basic knowledge of Ballet Tap and Jazz will be incorporated into these classes. Leotard, tights, and tap shoes are required.
Instructor: Phyllis Boucher
Location: Farmington Community & Senior Ctr
Min/Max: 5/10
Session Fee: $99.00 [Res]  $109.00 [NR]
*Sat., Jan. 25 – April 18  Code: 212211-00
[No Class: 2/22, 3/14, 4/11]
**Sat., Jan. 25 – April 18  Code: 212211-01
[No Class: 2/22, 3/14, 4/11]
Fri., Jan. 24 – April 24  Code: 212211-02
[No Class: 2/21, 3/13, 4/10, 4/17]

TAP & JAZZ DANCE COMBO, AGES 3 – 5
A little Tap and a little bit of Jazz will be incorporated into this unique dance combination class.
Instructor: Phyllis Boucher
Location: Farmington Community & Senior Ctr
Min/Max: 5/10
Session Fee: $99.00 [Res]  $109.00 [NR]
Time: 9:00 – 9:45 a.m.
Th., Jan. 30 – April 23  Code: 212212-01
[No Class: 2/20, 3/12, 4/16]

BALLE, AGES 5 & 6
Children will learn ballet skills while exploring movements such as jumping, running, turning and leaping using music and rhythms.
Instructor: Nadia Boucher
Location: Farmington Community & Senior Ctr
Min/Max: 5/10
Session Fee: $99.00 [Res]  $109.00 [NR]
Time: 4:30 – 5:15 p.m.
Mon., Jan. 27 – April 20  Code: 212213-01
[No Class: 2/17, 4/13]

BALLET, TAP & JAZZ COMBO, AGES 5 – 8
A little Ballet, a little Tap and a little bit of Jazz will be incorporated into this unique dance combination class.
Instructor: Phyllis Boucher
Location: Farmington Community & Senior Ctr
Min/Max: 5/10
Session Fee: $99.00 [Res]  $109.00 [NR]
Time: 10:40 – 11:25 a.m.
Sat., Jan. 25 – April 18  Code: 212211-03
[No Class: 2/22, 3/14, 4/11]

TAP & JAZZ DANCE COMBO, AGES 8 – 11
A little Tap and a little bit of Jazz will be incorporated into this unique dance combination class.
Instructor: Phyllis Boucher
Location: Farmington Community & Senior Ctr
Min/Max: 5/10
Session Fee: $99.00 [Res]  $109.00 [NR]
Time: 11:30 a.m. – 12:15 p.m.
Sat., Jan. 25 – April 18  Code: 212212-02
[No Class: 2/22, 3/14, 4/11]

BALLET, AGES 7+
Children will learn ballet skills while exploring movements such as jumping, running, turning and leaping using music and rhythms.
Instructor: Nadia Boucher
Location: Farmington Community & Senior Ctr
Min/Max: 5/10
Session Fee: $99.00 [Res]  $109.00 [NR]
Time: 5:15 – 6:00 p.m.
Mon., Jan. 27 – April 20  Code: 212213-02
[No Class: 2/17, 4/13]

*Our 12-week Winter/Spring Dance Classes will conclude with our annual Dance Recital in early May. Those registering for the Spring session that did not participate in the Fall session must contact Farmington Recreation for information on the availability of the recital and costume sizing/fee.
MARTIAL ARTS – MIGHTY MITES, AGES 4 - 6
Flexibility, coordination, balance, and self-confidence will be developed through participation in this introduction to Martial Arts. Please wear socks, sneakers and comfortable clothing.
Instructor: Matthew Rumpf
Location: Farmington Youth Center
Min/Max: 4/12
Session Fee: $49.00 [Res] $59.00 [NR]
Time: 4:30 – 5:00 p.m.
Tuesdays & Thursdays
Jan. 9 – Feb. 6 Code: 201041-01
Feb. 20 – Mar. 19 Code: 201041-02
Mar. 26 – Apr. 30 [No Class: 4/14, 4/16] Code: 201041-03
May 7 – June 4 Code: 201041-04

MARTIAL ARTS – BEGINNER
AGES 6 – 10 (INSTRUCTOR DISCRETION)
Flexibility, coordination, strength, and self-confidence will be developed through participation in this ancient practice. Students will be introduced to the traditional techniques of karate and jujitsu. The karate Gi is recommended.
Instructor: Matthew Rumpf
Location: Farmington Youth Center
Time: 5:00 – 6:00 p.m.
Min/Max: 4/12
Session Fee: $79.00 [Res] $89.00 [NR]
Tuesdays & Thursdays
Jan. 9 – Feb. 6 Code: 211041-01
Feb. 20 – Mar. 19 Code: 211041-02
Mar. 26 – Apr. 30 [No Class: 4/14, 4/16] Code: 211041-03
May 7 – June 4 Code: 211041-04

MARTIAL ARTS – INTERMEDIATE
AGES 10+ (INSTRUCTOR DISCRETION)
Flexibility, coordination, strength, and self-confidence will be developed through participation in this ancient practice. Students will be introduced to the traditional techniques of karate and jujitsu. The karate Gi is recommended.
Instructor: Earl Lockhart
Location: Farmington Youth Center
Time: 6:00 – 7:30 p.m.
Min/Max: 4/12
Session Fee: $99.00 [Res] $109.00 [NR]
Tuesdays & Thursdays
Jan. 9 – Feb. 6 Code: 221041-01
Feb. 20 – Mar. 19 Code: 221041-02
Mar. 26 – Apr. 30 [No Class: 4/14, 4/16] Code: 221041-03
May 7 – June 4 Code: 221041-04

MARTIAL ARTS – ADVANCED
AGES 13+ (INSTRUCTOR DISCRETION)
Flexibility, coordination, strength, and self-confidence will be developed through participation in this ancient practice. Advanced students will be introduced to weaponry and kickboxing. The karate Gi and sparring equipment are required for advanced students.
Instructor: Earl Lockhart
Location: Farmington Youth Center
Time: 7:00 – 8:30 p.m.
Min/Max: 4/12
Session Fee: $99.00 [Res] $109.00 [NR]
Tuesdays & Thursdays
Jan. 9 – Feb. 6 Code: 231041-01
Feb. 20 – Mar. 19 Code: 231041-02
Mar. 26 – Apr. 30 [No Class: 4/14, 4/16] Code: 231041-03
May 7 – June 4 Code: 231041-04

www.farmington-ct.org
PLATTFORM “PADDLE” TENNIS – ADULT MIXED
Platform Tennis is an invigorating outdoor sport that is a combination of tennis and squash. This highly social game is for all ages. Paddle is typically played as doubles, two teams of two. All levels are able to play with each other due to the nature of the dimensions of the court. Platform Tennis is played on specially constructed platforms that measure 60' x 30' surrounded by back and side wire mesh walls. The actual court measures 44' x 20' and the net is 2'10" at the center. The perforated oval paddles made of metal-bound composite materials have short handles. The rules are the same as for tennis, except that balls may be taken off the back or side wire walls after first striking inside the court proper, and only one serve is allowed.

Instructor: J.B. Nickels/Brian Preleski
Location: Farmington Field Club
21 Hilltop Road, Farmington
Time: 7:30 – 9:00 p.m.
Min/Max: 3/8
Session Fee: $109.00 [Res] $119.00 [NR]
Mon., Jan. 6 – Feb. 24 Code: 231821-02
[No Program: 1/20, 2/17]
Mon., Mar. 2 – Apr. 6 Code: 231821-03

YOUTH BADMINTON, AGES 8 – 17
In this instructional program, participants will learn and refine the fundamentals of badminton, the world’s fastest growing racket sport. The program is facilitated by seasoned coaches and instructors. Designed for players of all skill levels, this program will cover all the ins and outs of the sport: racket grips and techniques, racket strokes and applications, proper footwork, positioning, game tactics and strategy.

Instructor: Sam Yusof
Location: Irving A. Robbins School Gymnasium
Min/Max: 8/24
Session Fee: $79.00 [Res] $89.00 [NR]
Time: 5:00 – 6:00 p.m.
Sat., Jan. 4 – Feb. 8 Code: 221210-01

BADMINTON, ADULT DROP-IN
Supervisors: Sam Yusof, K. Saravanan
Location: Irving Robbins School Gymnasium
Time: 7:00 – 9:30 p.m.

WINTER SESSION
Wed., Nov. 13, 2019 – Mar. 11, 2020
[No Program: 11/27, 12/25, 1/1]
YOUTH: 5:30 – 7:00 p.m.
ADULT: 7:00 – 9:00 p.m.
Fee: $5.00 per week or 20-Punch Card for $80.00

INTRODUCTION TO OLYMPIC FENCING, AGES 8 – ADULT
In this course, participants will learn the basics of the Olympic Sport of Fencing taught by Fencing Master, Marc Ganych who has a Bachelor of Science in Physical Education and Exercise, studied Olympic Foil Fencing from 1979 to 1987. Marc is the 1984 Gold Medalist of the "First Junior Games" as well as the 1985 Bronze Medalist of the National Tournament "Blades of Ala-Tau".

Instructor: Marc Ganych
Location: Farmington Community & Senior Ctr
Session Fee: $99.00 [Res] $109.00 [NR]
Time: 5:00 - 6:15 p.m.
Mondays & Wednesdays
Jan. 6 – 22 Code: 221080-01
[No Class: 1/20]
Jan. 27 – Feb. 10 Code: 221080-02
Feb. 24 – Mar. 9 Code: 221080-03
Mar. 16 – 30 Code: 221080-04
April 1 – 22 Code: 221080-05
[No Class: 4/13, 4/15]
WINTER BASEBALL CLINICS, AGES 6 – 13
Join FHS Baseball Coaches Mike McGuire and Brian Pendergast in these winter touch-up clinics to get you prepared for baseball season! Hitting, fielding and throwing mechanics and drills are the main focus of this program.

Director: Mike McGuire, FHS Baseball
Director: Brian Pendergast, FHS Baseball
Location: Around the Horn, Plainville, CT
Time: 9:00 a.m. – 12:00 p.m.
Min/Max: 15/25
Session Fee: $84.00 [Res] $94.00 [NR]
Mon. & Tue., February 17 – 18 Code: 221001-01

SPRING TRAINING BASEBALL W/COACH MAC
AGES 6 – 13
Directed by Coach Mike “Mac” McGuire and Coach Pendergast, participants will learn to play like they’re in the major leagues! This camp includes instruction on hitting, fielding, pitching, throwing, base running, game strategy, and a discussion on the rules and regulations. Children need to bring a snack, water, and will receive a camp t-shirt. Lunch will be provided.

Director: Mike McGuire, FHS Baseball
Director: Brian Pendergast, FHS Baseball
Location: River Glen Little League Complex
Rain Location: Around the Horn, Plainville, CT
Time: 9:00 a.m. – 12:00 p.m.
Min/Max: 20/60
Session Fee: $165.00 [Res] $175.00 [NR]
Mon. – Thu., April 13 – 16 Code: 221101-01

SPRING INTO SPRING BASKETBALL CLINICS
GRADES 5 – 8
Keep your skills fresh in these exciting basketball clinics run by Coach Chris Ramsay! He’s got the whole game covered: shooting, passing, dribbling, defending, ball movement, technique, strategy and more!

Instructor: Coach Chris Ramsay
Location: West Woods Upper Elementary School
Time: 7:00 – 8:30 p.m.
Min/Max: 10/35
Session Fee: $39.00 [Farmington Residents Only]
Tue., April 28 – May 19
Boys Registration: Code: 221170-01
Girls Registration: Code: 221170-02

SPRING & SUMMER SWIM LESSONS, AGES 4 AND UP
Touch up on your aquatic skills with Farmington Recreation and the Farmington Field Club. Beginner level youth will learn from fun and engaging Farmington Field Club swim instructors on how to feel comfortable in the water and safely enjoy it while the more intermediate youth will gain confidence, improve their stroke and gain additional aquatic skills.

Instructor: FFC Staff
Location: Farmington Field Club
Min/Max: 2/7
Fee: $60.00 [Res] $70.00 [NR]
Sat. & Sun., June 13 – 21 Code: 121630-
Section 01: Beg., Ages 4 – 6, 10:00 – 10:30 a.m.
Section 02: Int., Ages 4 – 6, 10:00 – 10:30 a.m.
Section 03: Beg., Ages 6 & up, 10:30 – 11:00 a.m.
Section 04: Int., Ages 6 & up, 10:30 – 11:00 a.m.
Mon. – Thu., June 22 – 25 Code: 121632-
Section 01: Beg./Int., Ages 4 – 6, 11:00 – 11:30 a.m.
Section 02: Beg./Int., Ages 6+, 11:00 – 11:30 a.m.
Mon. – Thu., June 29 – July 2 Code: 121632-
Section 01: Beg./Int., Ages 4 – 6, 11:00 – 11:30 a.m.
Section 02: Beg./Int., Ages 6+, 11:00 – 11:30 a.m.

SPRING TENNIS LESSONS, YOUTH & ADULT
Whether you are a beginner or a more accomplished player, you’ll be sure to enjoy Farmington Recreation’s tennis lessons with United States Professional Tennis Association Pro, Paul Ratcliffe. All lessons are designed with the player’s age and ability level in mind. Fitness, stroke development, game play, court movement and match strategy will be addressed. [Max. 10, Min. 2]

Instructor: Paul Ratcliffe
Location: Farmington High School
Section 01: $54.00 [Res] $64.00 [NR]
Sections 02-06: $109.00 [Res] $119.00 [NR]
Sun., April 19 – May 31 Code: 221711-
[No Program: 5/24]
Section 01 Ages 4 & 5, 12:30 – 1:00 p.m.
Section 02 Ages 5 – 7, 1:00 – 2:00 p.m.
Section 03 Ages 8 – 10, 2:00 – 3:00 p.m.
Section 04 Ages 11 – 15, 3:00 – 4:00 p.m.
Section 05 Adult Beginner/Intermediate 4:00 – 5:00 p.m.
Section 06 Adult Intermediate/Advanced 5:00 – 6:00 p.m.
Recreation

Youth Sports

MPOWER SPEED TRAINING
YOUTH AGES 10 – 14
MPower’s Speed Training Program is designed and instructed by Gino Caro, a professional speed coach with experience coaching youth, high school, NCAA and NFL teams and individuals. Through correct training and education, youth will realize greater confidence, physical fitness and athletic potential. The goal of this program is to uncover, nurture and hone existing skills and endless potential. Both experienced athletes and novice alike will benefit.

**Instructor:** Gino Caro
**Location:** Irving Robbins Gymnasium
**Time:** 6:00 – 7:00 p.m.
**Min/Max:** 8/24
**Session Fee:** $89.00 [Res] $99.00 [NR]
**Tues & Th., Mar. 10 – Apr. 2** Code: 221411-01

MPOWER TRACK & FIELD PROGRAM
AGES 10 – 14 (GRADES 5 – 8)
This relevant and exciting program is designed for both new and seasoned athletes and serves as a fun and informative introduction to a number of Track & Field events. Program content focuses on form, strength, pace and technique. Instruction on several running, throwing and jumping events will be conducted. Come benefit from this unique program by having fun and learning about the sport of Track & Field!

**Location:** FHS Track
**Time:** 11:00 a.m.
**Min/Max:** 10/30
**Session Fee:** $79.00 [Res] $89.00 [NR]
**Sun., April 26 – May 31** Code: 221413-01
**Track Meet: Saturday, June 6, FHS Track, Time TBD**

MPOWER BOYS – RUNNING PROGRAM
AGES 6 – 14
Finishing a 5K is an impressive achievement at any age. Imagine the sense of accomplishment and pride your son will feel when he crosses the finish line of Celebrate! West Hartford on Sunday, June 7, 2020! MPower Boys Running will prepare him to do just that. Modeled after popular Couch-to-5K plans, MPower’s training program is designed for all levels of runners: from very beginners to experienced racers. We will concentrate on proper form and pacing while we build endurance over the weeks through a combination of running drills, games and core strength exercises. For more information, please visit: www.MpowerYouthSports.com. The program fee includes a t-shirt. Race registration is not included in the program fee and is not required to participate in this program.

**Instructor:** MPower Youth Sports
**Location:** Irving Robbins School Fields
**Rain Loc.:** Irving Robbins School Gym
**Time:** 6:00 – 7:15 p.m.
**Min/Max:** 15/30
**Session Fee:** $79.00 [Res] $89.00 [NR]
**Tues., Apr. 21 – June 2** Code: 221410-

MPOWER GIRLS – RUNNING PROGRAM
AGES 6 – 14
Imagine the thrill your daughter will feel as she crosses the finish line in her first race. This non-competitive training program is designed for all levels of runners. Help your daughter gain confidence, build self-esteem, and lead her to a path of health and fitness. Focus will be on using games and drills that make running fun, while also improving athletic performance for those who play other sports. As part of the program, the girls will be exposed to goal setting, journaling of training, nutrition, and mental preparation. This dynamite training program will prepare your daughter for Celebrate! West Hartford on Sunday, June 7, 2020. The program fee includes a t-shirt and training journal. When registering, please indicate your daughter’s t-shirt size. In case of inclement weather, the program will be held inside in the school gym. Race registration is not included in the program fee. For more information, please visit the Girls in Stride website: www.girlsinstride.com.

**Instructor:** Girls in Stride
**Location:** Irving Robbins School Fields
**Rain Loc.:** Irving Robbins School Gym
**Time:** 4:30 – 5:30 p.m.
**Min/Max:** 15/30
**Session Fee:** $79.00 [Res] $89.00 [NR]
**Tues., Apr. 21 – June 2** Code: 221420-01
Winter & Spring 2020

FARMINGTON YOUTH SOCCER – RECREATION & TRAVEL
YOUTH BORN 2005 – 2015 (PRE-K – 8TH GRADE)
Spring Soccer for youth born between 2005 and 2015 will begin held on Saturdays, April 25 – June 22 [weather permitting]. Registrations will be accepted beginning in February. A separate registration form is required and will be made available online in February. Space is limited.

All 2019 – 2020 Travel Soccer players are required to register with the Town of Farmington. Travel Soccer tryouts for the 2020 – 2021 seasons will be held near the conclusion of the Spring season. For more information on the Travel Soccer League, please visit www.FarmingtonSoccerClub.org.

BOYS AND GIRLS YOUTH LACROSSE CLINICS
8U – 14U (1ST – 8TH GRADE)
For newcomers interested in trying lacrosse without committing to the season yet, Farmington Recreation and The Farmington Youth Lacrosse Club have teamed up to offer Farmington Lacrosse Winter Clinics for brand new players. It is a chance for new players to get a taste of the “fastest game on two feet”. Focus of the clinics will be on stick-work, strategy, conditioning and fun. All players will need a lacrosse stick, eye guards, mouth guard and sneakers. Loaner equipment will be available to players without their own equipment.

Location: Irving A. Robbins School Gymnasium
Time: See Below
Session Fee: $39.00 [Residents Only]
Sun., Feb. 23 – March 29

BOYS 8U – 14U
Code: 121911-
Section 01 / Ages 7 – 8, 8U:
5:00 a.m. – 5:45 a.m.
Section 02 / Ages 9 – 10, 10U:
5:50 a.m. – 6:50 p.m.
Section 03 / Ages 11 – 12, 12U:
6:55 p.m. – 7:55 p.m.
Section 04 / Ages 13 – 14, 14U:
8:00 p.m. – 9:00 p.m.

GIRLS 8U – 14U
Code: 121921-
Section 01 / Ages 7 – 8, 8U:
1:00 p.m. – 1:45 p.m.
Section 02 / Ages 9 – 10, 10U:
1:50 p.m. – 2:50 p.m.
Section 03 / Ages 11 – 12, 12U:
2:55 p.m. – 3:55 p.m.
Section 04 / Ages 13 – 14, 14U:
4:00 p.m. – 5:00 p.m.

*Registrations for our Boys & Girls Youth Lacrosse Clinics received after Friday, February 21 will incur a late fee of $10.00.

FARMINGTON YOUTH LACROSSE
YOUTH AGES 8U – 14U (1ST – 8TH GRADE)
Farmington Recreation and The Farmington Youth Lacrosse Club have teamed up to improve your registration process for Farmington Youth Lacrosse. Registration for Farmington Youth Lacrosse now includes preseason practices formally known as “Winter Clinics” that carried an additional registration fee and your annual US Lacrosse membership all part of the new registration fee. All 2020 Farmington Youth Lacrosse players are now required to register with the Town of Farmington. For more information on the Farmington Youth Lacrosse Club, please visit www.farmingtonlax.org.

BOYS 8U – 14U
Code: 121910-
GIRLS 8U – 14U
Code: 121920-
Fees, 8U: $89.00pp.
Fees, 10U-14U: $199.00pp.

*Registrations for Farmington Youth Lacrosse received after Friday, February 21 will incur a late fee of $25.00.

FARMINGTON VALLEY MUDHOGS – SPRING NFL FLAG
Farmington Recreation and the Farmington Valley MudHogs have teamed up to offer Spring NFL Flag Football. Our Spring NFL Flag Football Program, managed by the Farmington Valley MudHogs, is an instructional program for those in grades K – 8. Youth will play with others of an appropriate age on Sundays between the hours of 9:00 a.m. – 1:00 p.m. No practices, no scores, no experience necessary...Just for Fun

Location: Union School Athletic Field
Season Fee: $80.00
Time: Est. 9:00 a.m. – 1:00 p.m.
Sun., May 3 – June 14
Code: 101010-00
Registration Open: February 1, 2020
Registration Deadline: April 10, 2020

* Registrations received for Spring NFL Flag after Friday, April 3 will incur a late fee of $25.00.

www.farmington-ct.org 7
REC SUMMER CAMP, AGES 5 – 10
Don’t miss this unforgettable summer camp experience! Weekly field trips may include CT Science Center, Mini-Golf, Hartford Yard Goats, Lake Compounce, Spare Time Bowling and more! Campers need to wear socks and sneakers and bring a lunch and plenty of water. No refrigeration available.

Location: TBD
Camp Hours: 8:30 a.m. – 3:30 p.m.
Early Fee [Prior to 7/1]: $199.00 [Res] $209.00 [NR]
Reg. Fee [After 6/30]: $219.00 [Res] $229.00 [NR]
Extended Day: 3:30 – 5:00 p.m.
Extended Day Fee: $45.00 [Res] $50.00 [NR]
Mon. – Fri., June 22 – 26 Code: 126021
*PENDING SCHOOL CALENDAR*

Mon. – Fri., June 29 – July 3 Code: 126022
Mon. – Fri., July 6 – 10 Code: 126023
Mon. – Fri., July 13 – 17 Code: 126024
Mon. – Fri., July 20 – 24 Code: 126025
Mon. – Fri., July 27 – 31 Code: 126026
Mon. – Fri., Aug. 3 – 7 Code: 126027
*Campers may be signed in as early as 8:00 a.m. for open gym at no additional cost.
*All trip schedules are subject to change.

REC TWEEN CAMP, AGES 10 – 13
REC Tween Camp is your Tween’s outlet for adventure, sports, socialization and teamwork! Weekly field trips may include Nomad’s Outdoor, Dave & Buster’s, CT Science Center, Kayaking, Lake Compounce and more! Campers need to wear socks and sneakers and bring a lunch and plenty of water. No refrigeration available.

Location: TBD
Camp Hours: 8:30 a.m. – 3:30 p.m.
Camp Fee: $250.00 [Res] $270.00 [NR]
Extended Day: 3:30 – 5:00 p.m.
Extended Day Fee: $45.00 [Res] $50.00 [NR]
Mon. – Fri., June 22 – 26 Code: 126031
*PENDING SCHOOL CALENDAR*

Mon. – Fri., June 29 – July 3 Code: 126032
Mon. – Fri., July 6 – 10 Code: 126033
Mon. – Fri., July 13 – 17 Code: 126034
Mon. – Fri., July 20 – 24 Code: 126035
Mon. – Fri., July 27 – 31 Code: 126036
Mon. – Fri., Aug. 3 – 7 Code: 126037
*Campers may be signed in as early as 8:00 a.m. for open gym at no additional cost.
*All trip schedules are subject to change.

SUMMER SWIM LESSONS, AGES 4 & UP
Touch up on your aquatic skills with Farmington Recreation and the Farmington Field Club. Beginner level youth will learn from fun and engaging Farmington Field Club swim instructors on how to feel comfortable in the water and safely enjoy it while the more intermediate youth will gain confidence, improve their stroke and gain additional aquatic skills.

Instructor: FFC Staff
Location: Farmington Field Club
Min/Max: 2/7
Fee: $60.00 [Res] $70.00 [NR]
Mon. – Thu., Aug. 3 – 6 Code: 121633-
Section 01: Beg./Int., Ages 4 – 6, 11:00 – 11:30 a.m.
Section 02: Beg./Int., Ages 6+, 11:00 – 11:30 a.m.
Mon. – Thu., Aug. 10 - 13 Code: 121634-
Section 01: Beg./Int., Ages 4 – 6, 11:00 – 11:30 a.m.
Section 02: Beg./Int., Ages 6+, 11:00 – 11:30 a.m.
Section 03: 10:30 – 11:10 a.m., ages 4½ – 6½

ADULT GOLF LESSONS
For beginner and intermediate players, this spring touch-up series will include basic knowledge, short game and long game.

Instructor: Larry Graham
Location: Westwoods Golf Course
Time: 5:30 – 6:30 p.m.
Min/Max: 3/5
Session Fee: $104.00 [Res] $114.00 [NR]
Tue., May 26 – June 16 Code: 131124-02

WOMEN’S GOLF LESSONS
For beginner and intermediate players, this spring touch-up series will include basic knowledge, short game and long game.

Instructor: Larry Graham
Location: Westwoods Golf Course
Time: 5:30 – 6:30 p.m.
Min/Max: 3/5
Session Fee: $104.00 [Res] $114.00 [NR]
Wed., Apr. 21 – May 12 Code: 131124-03
DROP-IN TEEN CENTER

Bob Marsh/Christopher Montes 860-675-2390
The Drop-In Program at Farmington Youth Center began in 1971 to provide a place where teens from Farmington and Unionville could have a comfortable and safe place to meet with professional youth workers. Part of its informal nature allows counselors, interns and adult volunteers to interact with teens through music and conversation.

Location: Farmington Youth Center
23 School Street, Unionville
Date: Mondays, 5:00 - 7:00 p.m.
Wednesdays, 5:00 - 7:00 p.m.
(Teens 13-19)

ADVENTURE PROGRAMMING

Bob Marsh 860-675-2390
Farmington is home to two indoor state-of-the-art challenge courses. Our newest facility at West Woods Upper Elementary School has over 800 square feet of climbing wall and offers various levels of challenge. Both courses are inspected annually by Northeast Adventure.

- Adventure-based counseling
- After school programming
- Farmington Community Challenge Course at IAR Middle School
- Leadership Development
- Experiential Education
- Teambuilding
- Youth Groups
- Wilderness School
- Year Round Programming

FARMINGTON YOUTH SERVICE BUREAU

Bob Marsh/Christopher Montes 860-675-2390
Farmington Youth Services has several programs and services designed to benefit youth and their families. Prevention and intervention activities help guide and direct youth, offering fun and engaging opportunities for personal growth. Additionally, treatment and aftercare services help youth and families navigate through difficult and challenging periods in a positive and supportive environment. Professional youth and family counselors are available by appointment to provide counseling and referrals for youth and families. Services include:

- Adventure Based Programs
- Youth Advocacy
- Positive Youth Development Activities
- Juvenile Review Board (Juvenile Court diversion program)
- Community Service
- Crisis Intervention
- Mentoring
- Child Welfare and Holiday Programs
- Youth and Family Counseling
- Case Management
- Referrals and Local Interagency Service Team (LIST)

SCREENAGERS—Community Movie Viewing

January 29th, 2020 | 7:00 PM
Community & Senior Center
321 New Britain Ave., Unionville

(This event is free. Recommended Age: 10 & older)

Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, SCREENAGERS reveals how tech time impacts kids’ development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.
LYME DISEASE SUPPORT GROUP
Christopher Montes  860-675-2390
The Farmington Lyme Disease Support Group & Counseling meets every first and third Tuesday of the month at the Farmington Community/Senior Center at 7:00pm. If you are struggling with any tick-borne diseases and need support, please contact our office.

ENERGY ASSISTANCE PROGRAM
Farmington Community Services  860-675-2390
The Connecticut Energy Assistance Program offers financial assistance to low-income households to help offset winter heating costs, whether it is oil, natural gas, electricity, propane, kerosene, coal, or wood. The deadline to apply for assistance is May 31.

COMMUNITY OUTREACH
Laurie Mucciacciaro  860-675-2390
Social workers are available to assist elderly, disabled, or struggling residents with crisis intervention, counseling, and other services.

EMERGENCY SERVICES
Farmington Community Services  860-675-2390
In the event of a natural disaster or major incident, the Town wants to ensure the safety of its most vulnerable residents. FCS works with members of the Community Emergency Response Team (CERT) to reach and assist residents in need during times of severe weather, state of emergency, or prolonged loss of electricity. We maintain a list of elderly, disabled or otherwise impaired residents who are a priority for well-being checks. If you or someone you know should be included on the list, please contact FCS to be added to the list.

TRANSPORTATION
Farmington Community Services  860-675-2390
Dial-A-Ride is a service for persons over 60 or disabled. The service area is Farmington, Unionville and Avon. The cost (administrative fee) is $80 per year for each participant. Medical appointments are a priority and may be reserved up to 2 weeks in advance.

MAPLE VILLAGE
Farmington Community Services  860-675-2390
Maple Village is a state-subsidized, elderly/disabled apartment complex, which is town-owned and operated.

AFFORDABLE HOUSING OPTIONS
Farmington Community Services  860-675-2390
Farmington Community Services maintains a list of privately-owned affordable and subsidized housing rentals, as well as senior housing and assisted living complexes in Farmington and Unionville. Please contact our office to receive a copy of the list or visit www.farmington-ct.org.

FHA FAIR RENT COMMISSION
Nancy Parent  860-675-2390
The Fair Rent Commission is empowered by state and local law to address complaints filed by tenants regarding rental increases applied to their apartment. For more information, or to file a complaint, please contact Farmington Community Services.
2020 TRIPS

UTAH’S NATIONAL PARKS FROM LAS VEGAS!
May 21-29, 2020—$4,239/pp., double,
Spend 9–days/8-nights traveling the West, fly in and out of Las Vegas, travel old Rt. 66 on the way to see more that 5 of our grandest National Parks which are known as the ‘Mighty 5’, Canyonlands, Arches, Capitol Reef, Bryce and Zion National Parks! Make sure to attend our SPECIAL TRAVEL PRESENTATION on Thursday, September 26th at 1:00pm. Save $150.00 if you book at this presentation!!

FRANCE’S HIDDEN CANALS – THE LOIRE VALLEY
July 20 – 29, 2020
Explore France’s canals in the Loire Valley (one of the most beautiful in Europe) on a premier Canal Barge and get an up-close look and feel of local French culture, sights and cuisines on this 22 passenger canal barge. Visit small villages, beautiful vineyards, UNESCO sites and the famous Briare Aqueduct. Journey through the scenic Loire Valley and discover France’s hidden canals at your own pace.

SPECIAL travel presentation on Wednesday, January 15th at 10:30 a.m.! Save $500 per person on this trip if you attend this event!
Call to register!

SUNNY PORTUGAL
October 3-12, 2020—$3,529/pp., double
Highlights include: Portuguese Riviera, Lisbon, Obidos, Sintra, Choice on Tour, Arraiolos, Cork Factory, Evora, Alentejo, Lagos, Algarve, Faro, Tavira, Winery Visit, 5 UNESCO World Heritage Sites, and Sagres!

SOUTH PACIFIC WONDERS
November 3 –17, 2020 -$6,799/pp., double
15 Day Tour with 21 Meals included: Highlights include: Cairns, Great Barrier Reef, Sydney Opera House, Christchurch Mt. Cook Region, Arrowtown, Queestown, Milford Sound, Merino Sheep Farm.

2020 DAY TRIPS

HOME & GARDEN SHOW AT MOHEGAN SUN
Saturday, February 22, 2020—$59.00/pp.  
(Snow Date 2/23/2020) 
This show offers a diverse array of home and garden products and services by local, state and national vendors! Price includes transportation, admission to the Home & Garden Show, Casino Bonus & Meal Coupon, and driver’s gratuity.

MGM CASINO - SPRINGFIELD, MA
Wednesday, April 8, 2020—$39.00/pp.
The casino boasts 120 gaming tables, 2,500 slot machines and a poker room! Enjoy a day of fun! Price includes transportation, Casino Bonus, and driver’s gratuity.

WESTCHESTER BROADWAY THEATER PRESENTS: CINDERELLA
Thursday, June 25, 2020—$119.00/pp.
Enjoy a matinee performance, choice of entrée upon arrival. Price includes transportation, lunch & show, and Driver’s gratuity.

COINS & CLAWS: LOBSTER & CASINO!
Friday, July 10th, 2020—$81.00/pp.
Fee includes transportation, lunch at Abbott’s Lobster in the Rough (Steamed Lobster or Herb Chicken), Casino Bonus Package at Foxwoods Casino, and driver’s gratuity!

MONDAYS AT MGM SPRINGFIELD!
March 2, June 1st, August 31st and December 7th, 2020
$43.00/pp.
Departs Senior Center at 9:00am
Leaves MGM at 3:00 p.m.
Returns to Senior Center around 4:00pm
Upon arrival you will receive $20 slot play bonus & $20 food credit! Space is limited, register today.

Trips are open to adult public. Register with the Senior Center at 860-675-2490.
CANASTA (MODERN AMERICAN STYLE)
Join us for this popular card game.
Day: Tuesdays
Time: 10:00 a.m. – 12:00 p.m.

CHESS CLUB
Bring a friend and drop by to play a game!
Day: Tuesdays & Thursdays
Time: 12:00 – 4:00 p.m.

FARMINGTON RIVER WOOD CARVERS
Enjoy wood carving. Instruction and materials provided.
Day: Mondays & Fridays
Time: 10:00 a.m. – 12:00 p.m.

FRIENDLY FOLKS
This group of friendly ladies likes to get together to chat, knit or crochet.
Day: Fridays
Time: 10:00 a.m. – 12:00 p.m.

POOL PLAYERS
Day: Mondays (Coed)
       Wednesdays (Men)
       Fridays (Ladies)
Time: 10:00 a.m. – 12:00 p.m.

MAH JONG (AMERICAN STYLE)
Played with 152 tiles, racks & a scoring card.
Day: Wednesdays
Time: 1:00 – 3:00 p.m.

MEXICAN TRAIN DOMINOS
Easy to learn domino game!
Date: Thursdays
Time: 9:30 – 11:30 a.m.

PARTY BRIDGE
Join this experienced group.
Day: Tuesdays
Time: 1:00 – 3:00 p.m.

PICKLEBALL
This fun racket sport combines elements of badminton, tennis, and table tennis! Bring a racket, water bottle and sneakers.
Day: Tuesdays & Fridays
Time: 1:30 – 3:30 p.m.

RUMMIKUB
Easy to learn tile game that combines elements of rummy with mahjong.
Day: Thursdays
Time: 1:00 – 3:30 p.m.

STAINED GLASS GUILD
Drop in time to work on your own stained-glass projects while enjoying the company of other stained-glass enthusiasts!
Day: Wednesdays
Time: 10:00 a.m. – 12:00 p.m.

SCRABBLE/QUIDDLER
Challenge and expand your word power
Day: Mondays
Time: 1:00 – 3:00 p.m.

LOW VISION SUPPORT GROUP
SENIOR CENTER
3rd Tuesday of the Month
1:00 - 2:30 p.m.

Topics/Speakers
January 21st – Tom Bozzi
February 18th - TBA

Please contact Social Services at 860-675-2390 for dates and more information.
SENIOR CENTER FITNESS MEMBERSHIP
2 NuStep trainers, an elliptical trainer, an upright bicycle, a 4-Station multi-gym, two treadmills with handrails, medicine balls, various free-weights, stretch bands and guidance from a certified personal trainer!

FEES
Mandatory Personal Trainer Orientation ● $25
Resident Fee ● $15/month or $50 for 6 months
Non-Res Fee ● $15/month or $75 for 6 months

HOURS
MONDAYS 9:00 a.m. - 11:00 a.m.
TUESDAYS 9:00 a.m. - 11:00 a.m.
WEDNESDAYS 10:00 a.m. - 12:00 p.m.
THURSDAYS 9:00 a.m. - 11:00 a.m. / 1:00—3:00 p.m.
FRIDAYS 9:00 a.m. - 11:00 a.m.
*Times subject to change*

CHAIR YOGA
A gentle form of yoga that is practiced sitting in a chair.
Date: Mondays: Jan. 6, 27
Feb. 3, 10, 24
March 2, 9, 16
Time: 10:30 – 11:30 a.m.
Instructor: Mindy Levy
Fee: $30 Residents/$40 Non

CORE STRENGTH
Date: Mondays: Jan. 13, 27
Feb. 10, 24
March 2, 9, 16
Time: 1:00 – 2:00 p.m.
Instructor: Mary Hagedorn
Fee: $30 Residents/$40 Non

TAI CHI FOR HEALTH
Date: Tuesdays: Jan. 7, 14, 21, 28
Feb. 4, 11, 18, 25
Mar. 3, 10, 17, 24
Time: 10:30 – 11:30 a.m.
Instructor: Lelap Le
Fee: $27 Resident/$36 Non

EXERCISE WITH LORIE
Exercises focus on activities of daily living, muscle conditioning, and stretching along with breathing and relaxation techniques. Seated with some standing.
Date: Tuesdays: Jan. 7, 14, 21, 28
Feb. 4, 11, 18
Mar. 3, 10, 17, 24, 31
Time: 11:30 – 12:30 p.m.
Instructor: Lorie Bernard
Fee: $27 Residents/$36 Non

QIGONG
Use movement to stimulate flow of chi, increase vitality and promote relaxation. Increase flow of blood to the various organs. Exercises done mainly seated.
Date: Thursdays: Jan. 9, 16, 23, 30
Feb. 6, 13, 20, 27
Mar. 5, 12, 19, 26
Time: 10:30 – 11:30 a.m.
Instructor: Lelap Le
Fee: $27 Residents/$36 Non

POWER & FITNESS
Move to the music for a mild cardio workout. Strengthen the major muscle groups using hand weights and stretch bands. Bring your water bottle.
Date: Thursdays: Jan. 9, 16, 23, 30
Feb. 6, 13, 20
Mar. 5, 12, 19, 26
Time: 12:30 – 1:30pm
Instructor: Amy Gray
Fee: $27 Residents/$36 Non

ZUMBA GOLD FRIDAY
Dance to Latin music in a fun aerobic workout! Bring water bottle.
Date: Fridays: Jan. 10, 17, 24, 31
Feb. 7, 14, 21
Mar. 6, 13, 20, 27
Time: 10:30 – 11:30 a.m.
Instructor: Amy Gray
Fee: $27 Residents/$36 Non
BIBLE STUDY
Non-denominational group study.
Day: Tuesdays
Time: 10:30 – 11:30 a.m.

BOOK DISCUSSION GROUP
Join this friendly group as they discuss book selections. Call the center for the book list.
Day: Third Thursday of the Month
Time: 1:00 – 3:00 p.m.

CHOICES APPOINTMENTS
Health insurance counseling.
Day: 4th Thursday of the Month
Time: By Appointment

CURRENT EVENTS DISCUSSION GROUP
Participants are asked to bring local, national & international news topics.
Day: Wednesdays
Time: 1:00 – 3:00 p.m.

HEARING SCREENINGS
Free hearing screenings, ear exam and hearing aid cleaning provided by the Hearing Care Centers.
Day: 2nd Monday of the Month
Time: By Appointment

“SALON” DISCUSSION GROUP
This French word used in 1664 denotes a gathering in a large room. Join us for lively discussions on all subjects from the serious to the light hearted.
Day: Wednesdays
Time: 1:00 – 3:00 p.m.

VETERAN’S COFFEE HOUR
Led by Hartford Healthcare’s Veterans Liaison. Informational and social event for Veterans, spouses and families.
Day: 4th Thursday of the Month
Time: 10:30 – 11:30 a.m.

BEAT PD TODAY
Wednesdays
1:30 – 2:30 p.m. | 2:30 – 3:30 p.m.
Jan. 8 – Feb. 26 - $48.00
Exercise program that will help alleviate symptoms and the progression of Parkinson’s. Our goal is to improve gait, flexibility, core strength, level of energy and overall health. Limited Space!

VITA
FREE TAX PREPARATION
The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make $56,000 or less per year.

BY APPOINTMENT ONLY | 860-675-2390
Appointments available through April 10, 2020

Wednesdays | 2:00pm - 7:00 p.m.
Farmington Community Services
2 Monteith Drive, Farmington CT 06032

**If you earned less than $49,914 you may also be eligible for Earned Income Tax Credit (EITC)!**
Visit www.hranebct.org under Financial Services for more information on the VITA Program.

www.farmington-ct.org
4 EASY WAYS TO REGISTER

ONLINE REGISTRATION
www.farmington-ct.org

MAILING ADDRESS
Community & Recreational Services
1 Monteith Drive | Farmington, CT 06032

IN-PERSON
Staples House
2 Monteith Drive | Farmington, CT 06032

OFFICE HOURS
Monday - Friday, 9:00 a.m. - 4:00 p.m.

REGISTRATION DATES
RESIDENT: ONGOING
NONRESIDENT: ONGOING

CANCELLATION INFORMATION

Farmington Recreation reserves the right to cancel any program due to low enrollment numbers. Please register early!

Two business days prior to the start date for each program, a decision will be made to cancel or run a program. If cancelled, you will be notified by Farmington Recreation and will have the option of transferring to another activity or obtaining a full credit or refund.

Farmington Recreation reserves the right to combine or divide classes, to change the time, date, and location and to make other revisions in these offerings, which may become necessary.

Every effort will be made to make up classes. However, activities cancelled due to circumstances beyond the control of Farmington Recreation will not be made up or refunded.

Program cancellation due to inclement weather will be announced on CBS Channel 3 Eyewitness News First Alert and NBC Connecticut 30. Farmington Recreation programs follow the school cancellation policy. If school is cancelled or dismissed early then all Farmington Recreation programs will be cancelled.

REFUND INFORMATION

Since programs are self-supporting and commitments need to be made to instructors and staff, the following is the department’s refund policy:

- Refunds for non-team sports programs, minus a $10.00 processing fee [except where indicated], may be granted when requested up to three business days prior to the start of the program.

- Refunds for sports leagues such as soccer, basketball and other team sports may not granted unless Farmington Recreation can find a substitute player.

- Once the decision has been made to run a particular program, no refund will be given unless Farmington Recreation can find a substitute, or if there is a medical emergency. Refunds will be issued for medical emergencies when accompanied by a physician's note.

- Absolutely no refunds will be given for any used portion of a program.

- All refunds will follow the Finance Department's bill paying schedule. There will be no cash refunds. Please allow two - four weeks to process a refund.

- Because of the above policy, it is requested that careful consideration be given to registering for any program offered by Farmington Recreation.

NOTIFICATION OF ENROLLMENT

Unless you are notified, please assume that you are registered for the class that you requested. For households with valid email addresses, receipts will be sent from Farmington Recreation. You may also obtain a receipt via our online registration system. Log into your account and select the “My Account” tab and then click on the “Reprint Receipt” tab.

RECREATION SCHOLARSHIP FUND

Farmington Recreation recognizes that there may be residents who cannot afford the fees for some programs. A Recreation Scholarship Fund has been established to assist residents who are experiencing financial difficulties. You can help support the scholarship fund by adding $1.00 (or more) to your registration fees.

FINANCIAL ASSISTANCE

Financial Assistance Program: Farmington residents may qualify for a reduction in the cost of a program based upon the Federal Income Poverty Guidelines. An Eligibility Application Form needs to be completed and verified to qualify for a scholarship.

Deferred Payment Plan: If you are unable to make payment-in-full at the time of registration, arrangements can be made with the Recreation Supervisor, Geoffrey Porter by calling 860-675-2540.
RECREATION PROGRAM REGISTRATION

By signing below, I recognize that there are risks of injury involved to me and/or members of my family participating in recreational activities conducted by the Town of Farmington. Therefore, in consideration of the Town of Farmington conducting recreational activities and enrolling myself and/or members of my family in such activities or permitting myself and/or members of my family to participate in such activities, I do hereby, on behalf of myself and all members of my immediate family, release the Town of Farmington and its employees and agents from all liability with respect to an injury received by me or any member of my family arising from such activities. I understand that for promotional purposes the Town of Farmington may videotape and/or take photographs of participants enrolled in recreation activities, classes or programs. I hereby release and permit the Town of Farmington to utilize for said promotional purposes any photographs and/or videotapes of me or my minor child engaged in activities associated with the Town of Farmington.

Signature of Parent/Guardian/Adult Participant: ___________________________ Date: ________________

Parent/Guardian Printed Name: ___________________________ Email: ___________________________

Participants Address: ___________________________________________ Town: ______________ Zip Code: ______________

Telephone (home): ___________________________ (work): ___________________________ (cell): ___________________________

*School Code*: U - Union, WD - West District, NW - Noah Wallace, EF - East Farms

MEDICAL INFORMATION

Please list any condition of which the supervisor/instructor should be made aware of in order to understand and better serve your individual need(s).

Participant Name: ___________________________

Condition: ___________________________________________

Recreation Scholarship Fund Donation / Thank You ($): ______________ Total Paid: ______________

ONLINE REGISTRATION INSTRUCTIONS

1. Log on to http://rec.farmington-ct.org
2. Enter your ten-digit phone number and primary guardian’s last name (case sensitive) in the spaces provided.
3. If your information is not currently in our online registration system you will be prompted to register with our office.
   a. Click “Ok”
   b. Click on the appropriate link and follow the instructions.
4. If you have any questions regarding the use of the online registration system, please contact our office.
5. You may not be able to register for a class online less than two business days prior to the start of the class.
6. Please be sure to add recreation@farmington-ct.org to your address book or trusted email list so we don’t get caught in your spam filter.

Mailing Address
Farmington Community & Recreational Services
1 Monteith Drive
Farmington, CT 06032
860-675-2540

Satellite Office
Farmington Recreation
1 Depot Place
Unionville, CT 06085
860-675-2540

www.farmington-ct.org
REGISTER NOW FOR....

ADULT & YOUTH ENRICHMENT COURSES

- Financial & Retirement
- Art, Games & Hobbies
- Driver Education
- College Preparation
- Health & Wellness
- Pet Care
- Home & Garden
- Nature & Outdoors
- Music & Dance
- Fitness
- Cooking
- Language
- Computers & Technology
- Career Development
- Recreation After School
- STEAM
- Babysitting & Child Safety
- Multicultural Arts

DAYTIME REGISTRATION
January 28, 30, February 4, 11
9:30 AM at Farmington Library
Upstairs - Board Room 1

EVENING REGISTRATION
January 27, 29, February 3, 10
5 PM at Farmington High School
Room 805

STATE MANDATED COURSES for residents of Farmington, Unionville, Avon, Canton, Collinsville and Burlington, as well as employees who work for a Farmington business.

- High School Completion (GED, Credit Diploma Program, National External Diploma Program)
- Adult Basic Education (ABE)
- Citizenship
- English as a Second Language (ESL)
Have an event or business to promote? Create an account to submit it to the site. IT’S FREE!

CHECK OUT THE NEW SITE AND DISCOVER WHAT FARMINGTON HAS TO OFFER!
WWW.CIVICLIFT.COM/FARMINGTON-CT

Achieving creative solutions for a healthy community.